

# LASTING RELIEF IS POSSIBLE

## If you struggle with the following:

- Frequent, urgent needs to use the bathroom
- Urine leaks if you can't get to the bathroom in time
- Accidental bowel leakage
- Difficulty emptying your bladder (urinary retention)

Millions of men and women struggle with overactive bladder (OAB), bowel incontinence (FI), and/or urinary retention (UR).<sup>1-3</sup> These are conditions that may be caused by abnormal communication between the brain and bladder or bowel. The good news is that no matter the cause, a life with fewer accidents is possible.

**Axonics Therapy** goes beyond pads, pills and planning. It is covered by most insurance, including Medicare. Speak with your physician's office to help determine coverage.



## Support and resources

Boston Scientific is here to support you throughout your journey—from early education to your trial period and beyond.

- A local clinical team works along with your physician's office to help
- Our Patient Education Team is available by phone **(952-243-2163)** to assist you
- Online resources are available at **FixIncontinence.com**

## Are you ready to get started? Talk to your doctor about whether Axonics Therapy may be right for you.

### References:

1. Stewart WF, Van Rooyen JB, Cundiff GW, et al. Prevalence and burden of overactive bladder in the United States. *World J Urol.* 2003;20(6):327-336.
2. Whitehead et al. (2009). Fecal incontinence in US adults: epidemiology and risk factors. *Gastroenterology.* 137(2), 512-517.
3. Selius BA, Subedi R. Urinary retention in adults: diagnosis and initial management. *Am Fam Physician.* 2008;77(5):643-650.
4. Pezzella A, et al. Two-year outcomes of the ARTISAN-SNM study for the treatment of urinary urgency incontinence using the Axonics rechargeable Sacral Neuromodulation system. *Neurol Urodyn.* 2021.

### Important Safety Information:

Axonics™ SNM Therapy for urinary control is indicated for the treatment of urinary retention and the symptoms of overactive bladder, including urinary urge incontinence and significant symptoms of urgency-frequency alone or in combination, in patients who have failed or could not tolerate more conservative treatments. Axonics SNM Therapy for bowel control is indicated for the treatment of chronic fecal incontinence in patients who have failed or are not candidates for more conservative treatments.

Axonics SNM Therapy is contraindicated for patients who have not demonstrated an appropriate response to test stimulation or patients who are unable to operate the Axonics SNM Systems.

With all medical procedures, there are risks associated with the procedure and the use of the device, including long-term implantation. The risks include but are not limited to: adverse change in voiding function (bowel and/or bladder), infection, pain or irritation at the implant site, lead or device migration, electrical shock, change in sensation or magnitude of stimulation which has been described as uncomfortable (jolting or shocking) by some patients, and heating or burns at the device site.

If one or more of these complications occur, you may need medical treatment or surgery. Be sure to talk with your doctor so that you thoroughly understand all of the risks and benefits associated with the use of the device.

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

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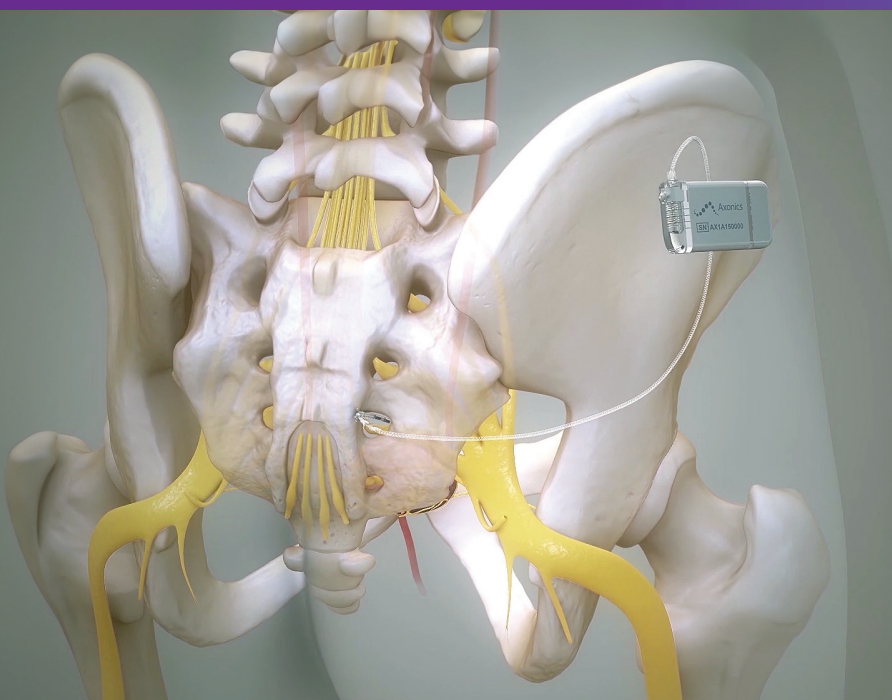
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**Axonics™ SNM Therapy**  
for Bladder and Bowel Control



Take the First Step Toward  
Long-Lasting Relief



## What is Axonics Sacral Neuromodulation (SNM)?

Axonics Therapy is a long-lasting and clinically proven treatment that can help relieve symptoms of overactive bladder (OAB), urinary retention, and bowel incontinence in both men and women.

This therapy uses a miniature implant to provide stimulation to the nerves that control the bladder and bowel, which may help restore normal communication between the brain and the bladder and bowel, which can result in an improvement of symptoms.

Axonics Therapy offers the ability to trial and assess symptom improvement prior to undergoing the full implant procedure. Consult with your doctor to find out if this option may work for you.

Scan the QR Code to learn more about incontinence at [FixIncontinence.com](https://www.FixIncontinence.com)



## Step 1 | Try Axonics Therapy with a short test period

The minimally invasive procedure is done in the clinic or as an outpatient procedure and is followed by a trial period that lasts up to 1-2 weeks.\*

- The doctor inserts a thin wire called a lead, near the nerves by your sacrum
- The lead connects to an external device worn under your clothes
- Follow your doctor's guidance on resuming activity
- If necessary, you can adjust your therapy with a handheld remote control
- Track your symptoms in a diary to see if they improve

\*Physicians determine the appropriate time to test the therapy. Follow your physician's guidance for your trial period.

## Step 2 | Moving forward with long-term Axonics Therapy

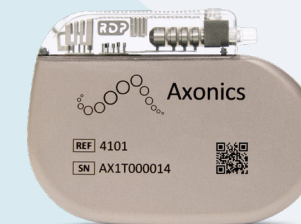
You and your doctor will evaluate if your trial was successful. If your trial was successful, you and your physician will decide next steps. Many people choose to proceed with long-term therapy which includes a small, discreet implant.

### Why consider Axonics Therapy?

- Long-lasting battery intended to last 10 to 20 years\*
- Designed for full-body MRI compatibility, with verification designed to be easy at the imaging center
- Clinically proven to treat overactive bladder, bowel leakage and urinary retention
- A handheld remote control allows you to monitor and adjust therapy as directed by your physician

\*Depending on therapy settings.

## Choose the option that fits your lifestyle



### Recharge-Free (F15)

- No charging required
- Use your handheld remote control to check battery status

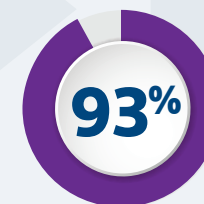


### Rechargeable (R20)

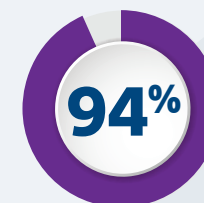
- Charges at home using the charging system
- Gives you the freedom to go up to 6-10 months between charging\*
- Use your handheld remote control to check battery status

## Clinical results

### In one study:



of people reported significant improvement in bladder control two years after starting Axonics Therapy.<sup>4</sup>



of patients, two years after treatment, who completed follow up were satisfied with Axonics Therapy.<sup>4</sup>